

YMCA of the Seacoast - Lap Pool Schedule - December 22-28, 2025

	Monday						Tuesday						Wednesday						Thursday						Friday						Saturday						Sunday					
530	Adult Open Swim 5:35-8:00 (1)	Lap Swim 5:30-8:00 (2-6)					Adult Open Swim 5:35-8:55 (1)	Lap Swim 5:30-8:55 (2-6)					Adult Open Swim 5:35-8:00 (1)	Lap Swim 5:30-8:00 (2-6)					Buildig Closed Merry Christmas						Adult Open Swim 5:35-8:55 (1)	Lap Swim 5:30-8:55 (2-6)																
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