



TEST • MARK • PROTECT

The Granite YMCA is committed to ensure everyone is safe while swimming in our pools.

Children under the age of 18 must participate in a swim test and will be issued a green, yellow, or red bracelet based on the results of their swim test. These bracelets will identify which areas are safe for swimmers based on their swimming abilities.

GREEN LEVEL

SWIM TEST (no flotation allowed)

- Swim 25 yd with rhythmic breathing and horizontal movement
- Tread water for 1 min. with ears out of the water.
- Float on back for 30 sec and recover to the side of the pool and climb out.
- Jump in feet first and recover to the side of the pool.

POOL ACCESS

- Access to whole pool
- 8 & UNDER**
- Must have a parent/guardian on the pool deck
- Age 9-11**
- Must have a parent/guardian in the building

YELLOW LEVEL

SWIM TEST (no flotation allowed)

- Shallow end, swim on front w/rhythmic breathing in horizontal position.
- Swim 1/2 the length of 25 yd pool.
- Float on back or tread for 30 seconds and recover to the wall.

POOL ACCESS

- Access to the shallow end
- Must have a parent/guardian on the pool deck.

RED LEVEL

DEFINITION

- Individuals who do not want to take a swim test
- Those who do not meet the Yellow or Green band requirements

POOL ACCESS

- Access to shallow water only
- If they do not pass the armpit depth, must wear a PFD and have parent/guardian in the water within arm's reach.
- Parent/guardian wishing to hold child/infant w/out PFD, must be cleared by lifeguard.

THE GRANITE YMCA

- YMCA staff have the final authority over all aquatic policies.
- We reserve the right to test and band any guest of any age using the pool.
- Parent/guardian/supervisor (18 or over) may have up to 3 non swimmers in the water at a time.
- No mask covering the nose may be worn during the swim test. Goggles are acceptable.
- Parent/guardian must stay in armpit depth water when supervising non swimmers.
- PFD is defined as a US Coast Guard approved Type II or III PFD (puddle jumper or life jacket).
- Instructional Flotation (IFD's noodles, bubbles, kick board etc.) may not be used in lieu of a PFD.