

## EARLY LEARNING CENTER

Children enrolled in the YMCA Early Learning Center get so much more than standard drop-off child care. They will participate in an enriching curriculum full of fun physical activities and character-building programs. Our experienced staff work to empower children to build self-confidence and reach their full potential. All of our child care programs incorporate the YMCA core values of caring, honesty, respect, and responsibility.

The Early Learning Center also incorporates the CATCH (Coordinated Approach To Child Health) program, which helps teach kids and their families how to make healthy eating choices and the importance of regular physical activity.



### TUITION INCLUDES

- Research based literacy and math curriculum
- Regular academic assessments
- Morning and afternoon snack
- Plus, enjoy a **FREE Family Membership** when your child is enrolled full time in the Early Learning Center!

### WEEKLY ACTIVITIES & PROGRAMS

Early Learning Center activities and programs include group games, team building activities, swimming lessons (for children ages 3+), physical education classes, story time, creative arts, STEM activities, and more.

### ADDITIONAL INFORMATION

If you have any questions or would like more information, please contact Robin Gustafson, Early Learning Center Director, at 603.232.8655 or [rgustafson@graniteymca.org](mailto:rgustafson@graniteymca.org).



# BRIGHT FUTURES START HERE



**At the Y, we're for youth development and empowering young people to reach their full potential.**

Our child care program is a safe, nurturing environment for children to learn, grow, and develop social skills.

**YMCA OF DOWNTOWN MANCHESTER**  
30 Mechanic Street, Manchester, NH  
Early Learning Center: 603.232.8655

## AT THE EARLY LEARNING CENTER

[WWW.GRANITEYMCA.ORG/CHILD-CARE](http://WWW.GRANITEYMCA.ORG/CHILD-CARE)

**YMCA OF DOWNTOWN MANCHESTER**  
603.232.8655 | [www.graniteymca.org](http://www.graniteymca.org)

## AGES & PROGRAMS

### INFANT | TODDLER | 8 MONTHS - 2 YEARS

We know a child's first classroom experience will help to mold their future academic success. Our devoted toddler teaching teams work hard to ignite every child's love of learning every day. In the toddler classroom, children experience an array of developmentally appropriate activities such as role modeling positive social relationships, honing fine and gross motor skills, and an introduction to subjects like early mathematics and literacy. The toddler rooms also make time to explore the outdoors and enjoy healthy snacks to get our bodies ready for optimal learning.

### PRESCHOOL & KINDERGARTEN | 2 - 6 YEARS

**Preschool I (2 years) | Preschool II (3 years)**  
**Prek-K and Kindergarten (4 - 6 years)**

We understand that each child learns differently. Our low teacher-to-child ratios provide the opportunity for our trained teachers to get to know each child individually and customize their education to their interests in pursuit of an emergent curriculum. We strive to provide our students with opportunities for hands on, open ended learning in order for them to grow as an individual, in addition to being a positive member of the classroom team. Our older classrooms enjoy gross motor activities, such as yoga and tumbling, in addition to special academic experiences.



“At the Y, babies develop trust and security, preschoolers experience early literacy and learn about their world, and school-age kids make friends, learn new skills, and do homework. Most importantly, children learn how to be their best selves. That makes for confident kids today, and contributing and engaged adults tomorrow.

— YMCA DIRECTOR OF  
PRESCHOOL CHILD CARE

## ADULT & CHILD PROGRAMS



### MUSIC AND MOVEMENT | 12 - 36 MONTHS

Join us with your little one for music and movement! This interactive time includes opportunities for you and your child to play, sing and move together. Your child will have fun while using their gross motor skills, building confidence, practicing large body coordination, nurturing their socialization and more!

We will engage in sing-a-longs; finger plays; partner movement with Mama; balance and musical instrument exploration. During this class you'll have an opportunity to meet fellow moms just like yourself - take the opportunity to say hi to another mom while your little one dances freely with our instructor!

### LITTLE MOVERS | 6 - 18 MONTHS

Join us with your little ones for Little Movers, a class focused on building gross motor skills in young children. This interactive time provides new and unique climbing and crawling adventures for children that are mastering skills like crawling, rolling, walking, and balancing. Using our soft foam mats and safe climbing structures, your child will explore and move through a variety of obstacle-like challenges.

### IMAGINATION STATION | 3 - 5 YEARS

Join us with your little ones for an instructor led class focused on igniting creativity in preschool aged children. Instructors will share a story or theme based subject matter from which children will then engage in a hands-on enriching activity. This interactive class allows children to explore, learn, and create using subject matters such as science, art, building, and more!

### IT TAKES A VILLAGE: NEW MOMS GROUP | BIRTH - 1 YR

They say it takes a village to raise a child. At the Y, we agree with this old African Proverb. Being a new mother brings challenges, questions and, at times, the need for additional support. Join us on Sunday mornings for a relaxing meet up. Here you can ask questions, share any struggles or triumphs or just sit and listen in the company of other new moms. Together, as a community of mothers, we can learn and support one another.

### PARENT AND CHILD SWIM CLASSES

Join us in fun and engaging classes for parents and their child to develop confidence in the water while learning water safety through games, songs and swimming movements. We offer different levels depending upon your child's comfort and skill level.

### KID ZONE | 6 WEEKS AND UP

Your workout should be stress free. To make it easy for you, we offer FREE child care so your child can have fun at the Y while you enjoy your workout in our facilities! Kid Zone is FREE for Y members and \$7 for non-members.

**Monday - Friday | 8:45 am - 12:00 pm, 5:00 - 7:00 pm**  
**Saturday - Sunday | 8:00 am - 12:00 pm**

### FREE FUN FOR FAMILIES

At the Y, we believe in family time and we understand how hard it can be to find fun things for the whole family to do together. This is why we have created a schedule of fun family activities that can fit into your busy schedule. You'll enjoy activities in the gym, on the courts, in the pool and in the kids gym! Your family will play together and connect with other families in the community.

### ADDITIONAL INFORMATION

To learn more about programs, class times and pricing, please visit the Welcome Center or visit [www.graniteymca.org](http://www.graniteymca.org).