BRIGHT FUTURES START HERE

EARLY LEARNING CENTER
PARENT/GUARDIAN HANDBOOK

Manchester • Goffstown • Concord • Londonderry • Rochester
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact Information</td>
<td>3</td>
</tr>
<tr>
<td>About the Y</td>
<td>3</td>
</tr>
<tr>
<td>YMCA Mission</td>
<td>3</td>
</tr>
<tr>
<td>Enrollment</td>
<td>3</td>
</tr>
<tr>
<td>Required Paperwork</td>
<td>3-4</td>
</tr>
<tr>
<td>Confidentiality</td>
<td>4</td>
</tr>
<tr>
<td>Program Philosophy</td>
<td>4</td>
</tr>
<tr>
<td>Program Features</td>
<td>4-5</td>
</tr>
<tr>
<td>Transitions</td>
<td>5</td>
</tr>
<tr>
<td>Meals &amp; Snacks</td>
<td>5-6</td>
</tr>
<tr>
<td>Outdoor Play</td>
<td>6</td>
</tr>
<tr>
<td>Field Trips</td>
<td>6</td>
</tr>
<tr>
<td>Naps</td>
<td>6</td>
</tr>
<tr>
<td>Personal Items</td>
<td>6</td>
</tr>
<tr>
<td>Communication and Support</td>
<td>7</td>
</tr>
<tr>
<td>Family Nights</td>
<td>7</td>
</tr>
<tr>
<td>Open Door Policy for Parents</td>
<td>7</td>
</tr>
<tr>
<td>Program Hours, Late Pick Ups</td>
<td>7-8</td>
</tr>
<tr>
<td>Vacation</td>
<td>8</td>
</tr>
<tr>
<td>Withdrawal</td>
<td>8</td>
</tr>
<tr>
<td>Permanent Withdrawal</td>
<td>8</td>
</tr>
<tr>
<td>Discipline and Behavior Management Policy</td>
<td>8-9</td>
</tr>
<tr>
<td>Definition of Bullying</td>
<td>9</td>
</tr>
<tr>
<td>Payment Schedule</td>
<td>10</td>
</tr>
<tr>
<td>Financial Assistance</td>
<td>10</td>
</tr>
<tr>
<td>Insufficient Funds</td>
<td>10</td>
</tr>
<tr>
<td>Health &amp; Safety</td>
<td>10-11</td>
</tr>
<tr>
<td>Medications</td>
<td>11</td>
</tr>
<tr>
<td>Required Health Forms</td>
<td>11</td>
</tr>
<tr>
<td>Returning Camp Doc Users</td>
<td>11</td>
</tr>
<tr>
<td>New Camp Doc Users</td>
<td>12</td>
</tr>
<tr>
<td>Emergency Transportation</td>
<td>12-13</td>
</tr>
<tr>
<td>Illness Table</td>
<td>12-13</td>
</tr>
<tr>
<td>COVID-19</td>
<td>13</td>
</tr>
<tr>
<td>Outside Any Y Program</td>
<td>13-14</td>
</tr>
<tr>
<td>Mandated Reporters</td>
<td>14</td>
</tr>
<tr>
<td>Photographing Children</td>
<td>14</td>
</tr>
<tr>
<td>State-Licensed Program</td>
<td>14</td>
</tr>
<tr>
<td>Non-Discrimination Policy</td>
<td>14-15</td>
</tr>
<tr>
<td>Snow Delays/Early Release</td>
<td>15</td>
</tr>
<tr>
<td>YMCA Closings</td>
<td>15</td>
</tr>
</tbody>
</table>
CONTACT INFORMATION

YMCA OF DOWNTOWN MANCHESTER | 30 Mechanic Street, Manchester, NH
- Early Learning Center Director: 603.232.8655

YMCA ALLARD CENTER OF GOFFSTOWN | 116 Goffstown Back Road, Goffstown, NH
- Director of Child Care: 603.232.8638

YMCA OF CONCORD | 15 North State Street, Concord, NH
- Director of Child Care: 603.228.9622 ext. 145

YMCA OF GREATER LONDONDERY | 206 Rockingham Road, Londonderry, NH
- Early Learning Center Director: 603.437.9622

YMCA OF STRAFFORD COUNTY | 35 Industrial Way, Rochester, NH
- Early Learning Center Director: 603.994.4113
- Early Learning Center Assistant Director: 603.994.4109

ABOUT THE Y

The Granite YMCA is a community leader in providing high-quality child care for preschool through school-age children. Our programs provide a safe, nurturing, and character-building environment integrating the four characters of caring, honesty, respect and responsibility. Children learn and grow through exploring, having fun, and participating in a wide variety of hands-on activities.

The Granite YMCA, established in 1844, has branches in Manchester, Goffstown, Concord, Londonderry, Rochester, and Portsmouth. The Granite YMCA focuses on youth development, healthy living and social responsibility.

YMCA MISSION

The Granite YMCA creates a community where all are welcome and builds a healthy spirit, mind and body based on the values of caring, honesty, respect, and responsibility.

ENROLLMENT

Our Early Learning Center is open to infants through kindergarten (ages vary by branch). Upon acceptance of enrollment, the Early Learning Center requires that an information packet be returned two weeks prior to start date.

REQUIRED PAPERWORK

A child will be considered enrolled only when paperwork and payment is processed by the Y. Parents/Guardians must complete a new contract for each program cycle, school year and camp season with required additional forms and appropriate fees. All registrations must include completed health forms and immunizations within the last year, according to state regulations. Any child without their CampDoc account reflecting 100% completion on the first day of program will not be permitted to stay on premises until all of the required documents have been uploaded to the child’s account.

A child may be exempt from immunizations for religious beliefs and/or medical reasons.
Please contact the child care director if you have questions regarding this policy or visit www.dhhs.nh.gov/dphs/immunization/exemptions.htm.

CONFIDENTIALITY

Your child’s records are kept private at the branch and stored electronically. Parents/guardians who have legal custody have the right to see their child’s records at any time. The New Hampshire Bureau of Child Care Licensing Unit also has the right to review all child care records. There are certain situations and paperwork that will require a court subpoena to accommodate requests.

PROGRAM PHILOSOPHY

The Early Learning Centers of The Granite YMCA are dedicated to the care and education of children from infant through kindergarten. Education is provided in a safe and welcoming environment that reflects and supports the YMCA’s values of honesty, respect, caring, and responsibility. Children learn best through play, so while our curriculum is aligned with the NH Early Learning Standards, it has roots in play and exploration. We provide all children with hands-on experiences in an environment that respects individual needs. In order to develop lifelong social and emotional competencies, children need to practice interactions with peers and adults in a nurturing setting that values each child’s uniqueness as a gift. Our aim at the Granite YMCA is for every child to feel visible, valued and supported.

PROGRAM FEATURES

- **Character Development and Resilience-Building:** Our experienced and well-trained staff work to help each child build resilience while promoting YMCA character education. In tailor-made programming that integrates relationship-building, self-regulation (emotional, behavioral and cognitive), goal setting, recognition and celebration of cultural and ethnic diversity, self-help and a culture of empathy, the Early Learning Centers promote social and emotional learning for all.

- **Physical Activity:** C.A.T.C.H. (Coordinated Approach To Child Health) is a physical education curriculum used that includes warm up activities, cardio, strength and stretching. In addition to the C.A.T.C.H. curriculum, the Early Learning Centers also emphasize mindfulness through breath work and yoga. Full-day programs include minimally 60 minutes of physical activity, while half-day programs incorporate 20-30 minutes daily.

- **NH Early Learning Standards:** Every program aligns lessons with these standards, which can be found at www.dhhs.nh.gov/dcyf/cdb/documents/nh-early-learning-standards.pdf. These standards reflect a progression of skill-building based on developmental readiness and structured around the following domains: Social and Emotional Development (which we teach via Character Development and the YMCA Core Values), Language Development and Early Literacy, Cognitive Development: Early Numeracy, Science and Social Studies, Approaches to Learning, Physical Development and Health (which we teach through C.A.T.C.H.), Creative Expression and Aesthetic Appreciation. Each classroom uses age-appropriate materials, teaching strategies and implementation to help support all our early learners in reaching their developmental goals/milestones.
• **Routines:** Predictable procedures and routines establish psychological safety and help to develop healthy habits such as time management, self-regulation and the ability to get along well with others. Every classroom follows a daily schedule that includes teacher and student-led activities, large and small group work, story time, music and movement, as well as outdoor play, meals and snacks and rest time.

• **Assessment:** All age groups are assessed formally and informally to ensure that our teachers plan curriculum goals and activities to support individualized learning. Our teachers observe, record and document children’s development, participation and learning throughout the year. Assessments are ongoing, systematic and gathered from natural play activities and realistic settings that reflect children’s actual performance. Our center uses a variety of methods such as observations, checklists, and rating scales to collect information. Formal assessments are done twice a year. Families participate in the assessment process with regular communication, partnership and involvement.

**TRANSITIONS**

As children grow and develop, they need new challenges and social interactions with other children in their peer group. Children will make a transition to the next classroom based on chronological age, developmental readiness, state licensing requirements, and space availability. Because each child is unique, there is no specific formula. Each classroom adjusts to fit the developmental characteristics of the children enrolled. During the transition period, current and future teachers meet to make sure your child is gently integrated into their new classroom through a series of visits. We continue to support your entire family during these changes. You are encouraged to discuss the communication methods that work best for you, to ensure ongoing dialogue.

**MEALS & SNACKS**

At our Early Learning Centers, we provide your child with nutritious afternoon snacks. We encourage families to send healthy well balanced lunches to promote life-long healthy food choices. Sites may vary and provide additional options.

The YMCA of Downtown Manchester will provide Early Learning Center participants with breakfast, lunch, and snack. Meals and snacks are prepared in accordance with CACFP guidelines which require us to provide whole grains, fruit and vegetables, protein, and liquid milk. Breakfast is served between 8:00 – 9:00 am, lunch begins serving at 11:30 am, and mid-afternoon snacks are served between 1:30 – 3:30 pm. All food is provided by the YMCA daily and the only time families should provide food is for special occasions such as holidays or birthday parties. When this is the case, families must provide items that are pre-packaged with labels and peanut free.

**Sample Weekly Menu:**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diced Turkey Cheese</td>
<td>Hard-Boiled Egg Cucumber Slices Goldfish Mandarin Oranges</td>
<td>Ham &amp; Cheese Tortilla Roll-Up Strawberries Pickles Veggie Straws</td>
<td>Nut Butter &amp; Jelly Sandwich Applesauce Bell Peppers Pirate’s Booty</td>
<td>Greek Yogurt Granola/Cereal Banana Matchstick Carrots</td>
</tr>
</tbody>
</table>
On the previous page are some ideas of what a kid-friendly lunch might look like for a week. The ideal make-up of a lunch would include: a main meal/protein, a vegetable, a fruit and a snack. Your child’s teacher can also be a great resource for meal ideas!

Per the NH Childcare Licensing Rules, any child under the age of three is prohibited from having the following, due to choking risk:

- Spoonsful of peanut butter
- Whole or rounds of hot dogs or sausage
- Whole grapes
- Hard candy and chewing gum
- Raw carrot rounds, peas, or celery
- Chips or hard pretzels
- Marshmallows
- Nuts or seeds
- Popcorn
- Other hard or cylinder-shaped foods that may pose a choking hazard

OUTDOOR PLAY

Weather permitting, all children (including infants) spend time playing outdoors. It’s important for children to have freedom of movement, so we request that children be dressed accordingly. Sneakers or flat shoes with a strap securing the shoe to the foot are required for participation in the Early Learning Center programs. You may be required to drop off appropriate footwear if they show up without appropriate shoes. Children may become messy during program for this reason we request parents/guardians to provide 1 - 2 complete change of clothing that can remain at the center.

FIELD TRIPS

As a program, we take parent/guardian-approved field trips. You will be notified regarding a trip, including the cost and how your child will be transported. Children can participate in a field trip once we receive written permission. For neighborhood walking trips, you’ll be asked to sign a permission slip when you enroll your child in our care.

NAPS

Infants nap when dictated by their individual schedules. Toddlers and preschool children take a daily nap after lunch, as necessary. Please provide a blanket and fitted crib sheet for your child’s nap time in order to make this time as relaxing as possible. Please label these items with your child’s name. Items will be sent home on Fridays for laundering. If desired, you may also choose to send one stuffed animal with your child for comfort. These rest items must fit within your child’s cubby space. We offer quiet rest time for all children as directed by child care licensing bureau regulations. Children are provided with adequate sleep, and are not woken up from a nap or forced to remain awake when they are tired. Depending on the needs of the classroom, children who choose not to nap will be offered peaceful activities.
PERSONAL ITEMS
Please encourage your child to leave valuable personal items such as toys at home. We are not responsible for items lost, broken, stolen or ruined.

COMMUNICATION AND SUPPORT
A strong relationship between parents/guardians and teachers forms the foundation for each child’s positive experiences in childcare. You are encouraged to talk openly with teachers, to help establish this relationship. The Brightwheel messaging app is a convenient option to communicate with program staff. Continuity between home and YMCA childcare is essential to providing a meaningful experience for your child. Please tell us about any changes or special activities at home. The more familiar we are with your family, the more understanding, supportive and helpful we can be. Family conferences are formally offered twice a year, and can be requested at any time.

Any custody issues must be discussed with a director prior to you child’s start date and/or as they occur. Legal documents from the court system are required.

FAMILY NIGHTS
Family Events are offered at YMCA branches and at all our Early Learning Centers. These are fun activities for the whole family and a great way to get to know other families in the program and the community. Please join us as often as possible.

OPEN DOOR POLICY FOR PARENTS/GUARDIANS
We have an open door policy that encourages any parent/guardian to visit your child or observe the operation of our program during program hours. Parents/guardians have unlimited access to the program & your child at any time while your child is in our care.

PROGRAM HOURS | LATE PICK UPS
Our program runs from 7:00 am to 5:30 or 6:00 pm (hours vary by location). We encourage families to have a consistent drop-off routine that provides stability for your child. We ask that all children are dropped off by 9:00 am or that you call the director if you will be late. Please be considerate of your child at pick up time. Our centers close at 5:30 or 6:00 pm (hours vary by location). Even a short delay can seem endless to a child who is waiting. If someone other than you will pick up your child, be sure they are on the authorized pick up list. Whenever possible, introduce us personally to any babysitters, friends or relatives who will be picking up your child. For your child’s safety, we will not let your child leave with someone who does not have clear signed permission to do so. If we do not know them by sight we will ask to see photo identification. No person including parent(s) and guardian(s) appearing to be intoxicated or under the influence of drugs may remove a child from program and the program reserves the right to consult with the authorities and/or suggest alternative transportation.

Parents or guardians (or designees) are expected to contact our childcare staff if they’re going to be late. Failure to pick up children at closing time will result in a fee of $15 for the first 15 minutes you are late, $5 for each additional 5 minutes you are late. Continual lateness will lead to removal of the child from our care. In the event childcare
staff do not receive prior notice from the parent or guardian, the following procedure will be followed:

- YMCA staff will call the parent or guardian for instructions.
- If contact can’t be made, Y staff will call the emergency numbers in the child’s file.
- If at 6:30 pm, we are unsuccessful in reaching the parent/guardian, we may notify the police that your child needs to be picked up.

**VACATION**

Manchester, Concord, and Rochester full-time preschool child care participants will be allotted two one-week vacations Monday–Friday (when payment is not required) per program year. This request must be given to the director in writing no less than two weeks in advance.

**WITHDRAWAL**

If you wish to withdraw your child from the Early Learning Center, a two week written notice must be given for withdrawal from the program. Parents/Guardians will be financially responsible for those two weeks.

**PERMANENT WITHDRAWAL**

Possible reasons for suspension and/or termination from child care services are:

- Outstanding balances
- Repeated late pick-up
- Repeated failure to inform YMCA of child’s absences

**DISCIPLINE AND BEHAVIOR MANAGEMENT POLICY**

To be reviewed by parent/guardian and child prior to attendance.

The YMCA staff uses positive behavior management techniques that are developmentally appropriate and adhere to the YMCA’s four core values of Caring, Honesty, Respect, and Responsibility. Our programs offer large group opportunities and are not intended for individual 1:1 care. Using these behavior management techniques, our staff will:

1. Develop program rules and expectations that are clear, consistent, and fair. Children will participate in establishing group expectations as developmentally appropriate.
2. Teach children conflict resolution and interpersonal skills that empower them to solve and regulate social and emotional challenges effectively.
3. Encourage behavior that supports the YMCA’s four core values (Caring, Honesty, Respect and Responsibility).
4. Use natural and logical consequences while redirecting children to a more acceptable behavior or activity.
5. Provide intentional opportunities for children to express thoughts and feelings in a safe and judgement-free environment.
Discipline Action Steps – Staff will utilize the following forms of discipline:

1. Take a Break – invite a child to step away from a negative or challenging situation so they can regain control of their emotions and behavior. Staff will check in and assist child with rejoining the group.
2. Verbal or written communication to parent/guardian regarding a child’s behavior.
3. Develop a Behavior Action Plan/Improvement Plan
4. Behavior Write-Up & Suspension – Staff will document behaviors and incidents that are recurring and/or serious. Upon review of the incident, the following suspension policy may be enacted:
   - 1st Incident: 1-day suspension
   - 2nd Incident: 3-day suspension
   - 3rd Incident: 5-day suspension
   - 4th Incident: Program Termination
5. Termination – Our Youth Programs cannot serve children who display chronically disruptive behavior. Chronically disruptive behavior is defined as verbal or physical activity which may include, but is not limited to behavior that:
   - requires constant attention from the staff
   - inflicts physical or emotional harm to children, staff or self
   - abuses the staff and/or ignores or disobeys the rules
   - jeopardizes the health or safety of self or others
   - contradicts our four core values of Caring, Honesty, Respect and Responsibility

If a child cannot adjust to the program setting and adhere to behavior expectations, the child may not be able to return to the program. Reasonable efforts will be made to assist children in adjusting to the program environment. Our program leadership reserves the right to excuse a child early due to behavior. If your child misses days due to suspension or expulsion, no refunds will be provided.

We strive to support children and families with program and community resources to encourage positive social and emotional development. Please reach out to your program director if you need assistance finding these resources.

**DEFINITION OF BULLYING**

Behavior by an individual or group, usually repeated over time that intentionally hurts another either physically or emotionally. Three conditions used to define behaviors as bullying:

- repetitive, willful, or persistent
- intentionally harmful
- an imbalance of power leaving the person feeling defenseless

These may include:

- taunting
- spreading rumors
- excluding others from groups
- kicking, hitting, or pushing
PAYMENT SCHEDULE

• **Weekly option:** Payments are made automatically through credit card, debit card, and checking or savings account bank draft on the Saturday prior to the week of service. A signed authorization form is required for this option.

• If your child will be absent on a scheduled day, you must inform the center by calling the director. Failure to do so will result in a $25 charge. Should unreported absences become excessive, the director has the right to terminate services.

• No credit will be given for days absent and tuition must be paid in full and will not be prorated for partial weeks. Tuition for part time children is a weekly fee and will not be prorated for partial weeks. Payment in full will also be charged when the program is closed due to inclement weather.

• No child will be allowed to register for child care programs until all previous balances are paid in full.

• If your child is absent from program, no credit will be given and you cannot select an alternate day to attend. If you need to adjust your schedule (change days, add or delete days, etc.), you must complete a Change Form that can be obtained from your site director. All changes must be received by Wednesday of the week prior.

• If you need statements regarding child care payments you may contact your Branch Registrar for assistance.

FINANCIAL ASSISTANCE

At the Y, we do offer financial assistance for those families in need. We also accept State of New Hampshire child care scholarship. All families who receive financial assistance, whether through the Y or the state, must stay current with their payments. Proof of state assistance and a completed **Child Care Provider 1863** must be submitted. Be aware if your child does not attend the child care program for any reason, the state may not reimburse the Y and you will be responsible for the weekly fee. You may contact the Director or Branch Registrar if you have any questions regarding this and other outside resources that provide assistance.

INSUFFICIENT FUNDS

Payment is due prior to services rendered. There is a $20 fee that is assessed for inability to receive payments due to insufficient funds. Excessive returned payments may result in termination from the program.

HEALTH & SAFETY

You will be notified as soon as possible if your child develops symptoms of an illness. Our staff will help the child stay comfortable and notify the director if any child in care exhibits the illnesses or symptoms noted below. Please refer to the chart on pages 12 - 13 for more information. With most illnesses, children have either already exposed others before becoming obviously ill (i.e., colds) or are not contagious one day after beginning treatment (i.e., strep throat). The waiting period required after the onset of treatment varies with the disease. If a doctor places your child on an antibiotic, your child shouldn’t attend our care until they have been on medication for at least 24 hours.
and is fever free without over-the-counter fever reducing medication. If your child seems really sick without obvious symptoms, please keep your child home.

**MEDICATIONS**

In accordance with HE C 4002.18, the Authorization to Administer Prescription and Non-Prescription Medication form must be completed prior to the administration of any prescription or non-prescription medication. Prescription medication will be administered in accordance with the printed prescription label, which must be attached to the original prescription container.

Non-prescription medication must be in original container, and will be administered in accordance with the manufacturer’s printed instructions. If there are no manufacturer’s printed instructions for the age of the child, the program may administer the non-prescription medication in accordance with the written, dated, and signed instructions from the child’s parent, including a statement that the instructions have been reviewed/approved by the child’s licensed health practitioner, or with signed, dated written instructions from child’s licensed health practitioner.

Communicable diseases or infestations must be reported immediately. Children who have contracted such diseases may not return until cleared by a physician. A physician’s note will be required for reentry into the program.

Upon staff administering medication, documentation will be completed on designated form to include medication, dosage, date and time, and staff signature.

**REQUIRED HEALTH FORMS**

In our continuous efforts to provide the best possible care to our program attendees, The Granite YMCA is partnering with CampDoc.com. CampDoc.com is an electronic health record system for camps and child care and will help us consolidate and integrate your child’s health information into a centralized and secure location. Their system will give The Granite YMCA staff instant access to their health information, a key component in providing quality care.

The security, confidentiality and privacy of your child’s personal health information will always be protected. Only The Granite YMCA staff will have access to their health information, and the CampDoc.com site is secure, encrypted and password protected.

**RETURNING CAMP DOC USERS**

You will receive a welcome e-mail from CampDoc.com with information about how to complete your child’s health information.

- click the link in this e-mail to log in to your CampDoc.com account
- follow the instructions, and confirm or update the health profile for your child. Alerts will appear for any missing required information
- upload any required or update expired documents to your CampDoc.com account
- return to CampDoc.com at any time to make changes/updates to your child’s health information before program begins
<table>
<thead>
<tr>
<th>ILLNESS/INFECTION/SYMPTOMS</th>
<th>SHOULD CHILD STAY HOME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Pox</td>
<td>Yes</td>
</tr>
<tr>
<td>Cold</td>
<td>No (without fever)</td>
</tr>
<tr>
<td></td>
<td>Yes (with fever)</td>
</tr>
<tr>
<td>Coxsacki (hand, foot, mouth disease)</td>
<td>Yes (with fever)</td>
</tr>
<tr>
<td>Diarrhea (two or more stools)</td>
<td>Yes</td>
</tr>
<tr>
<td>Ear infection</td>
<td>No (with doctor’s diagnosis)</td>
</tr>
<tr>
<td>Fever 101 degrees</td>
<td>Yes</td>
</tr>
<tr>
<td>Fifth disease</td>
<td>No (without fever)</td>
</tr>
<tr>
<td></td>
<td>Yes (with fever)</td>
</tr>
<tr>
<td>Impetigo</td>
<td>Yes</td>
</tr>
<tr>
<td>Lice</td>
<td>Yes</td>
</tr>
<tr>
<td>Conjunctivitis (pink eye)</td>
<td>Yes</td>
</tr>
<tr>
<td>Undiagnosed rash</td>
<td>Yes</td>
</tr>
<tr>
<td>Roseola</td>
<td>Yes (with fever)</td>
</tr>
<tr>
<td>Rota Virus</td>
<td>Yes</td>
</tr>
<tr>
<td>Thrush</td>
<td>No (should seek treatment)</td>
</tr>
<tr>
<td>Strep Throat</td>
<td>Yes</td>
</tr>
<tr>
<td>Scabies</td>
<td>Yes</td>
</tr>
<tr>
<td>Vomiting</td>
<td>Yes</td>
</tr>
</tbody>
</table>

**NEW CAMP DOC USERS**

You will receive a welcome e-mail from CampDoc.com with information about how to complete your child’s health information.

- click the link in this e-mail to set a password for your CampDoc.com account
- follow the instructions, and complete the health history for your child
- alerts will appear for any missing required information
- upload any required documents to your CampDoc.com account
- return to CampDoc.com at any time to make changes/updates to your child’s health information before program begins.

**EMERGENCY TRANSPORTATION**

In the event of a major emergency such as a broken bone, puncture wound, etc. your child will be transported by ambulance to the nearest medical facility. It’s the responsibility of the parent/guardian/responsible adult to pay medical bills. The Y holds
<table>
<thead>
<tr>
<th>Illness/Infection/Symptoms</th>
<th>Should Child Stay Home</th>
<th>When Child Can Come Back</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Pox</td>
<td>Yes</td>
<td>Refer to fever</td>
</tr>
<tr>
<td>Cold</td>
<td>No (without fever)</td>
<td>Refer to fever</td>
</tr>
<tr>
<td></td>
<td>Yes (with fever)</td>
<td>Refer to fever</td>
</tr>
<tr>
<td>Coxacki (hand, foot, mouth disease)</td>
<td>Yes (with fever)</td>
<td>Refer to fever</td>
</tr>
<tr>
<td>Diarrhea (two or more stools)</td>
<td>Yes</td>
<td>Diarrhea is resolved and no episodes of vomiting or diarrhea for 24 hours</td>
</tr>
<tr>
<td>Ear infection</td>
<td>No (with doctor’s diagnosis)</td>
<td>24 hours after treatment has begun</td>
</tr>
<tr>
<td>Fever 101 degrees</td>
<td>Yes</td>
<td>Fever free for 24 hrs and fever reducing medication have not been given in the past 8 hours or on prescribed medication for 24 hrs</td>
</tr>
<tr>
<td>Fifth disease</td>
<td>No (without fever)</td>
<td>Refer to fever</td>
</tr>
<tr>
<td></td>
<td>Yes (with fever)</td>
<td>Refer to fever</td>
</tr>
<tr>
<td>Impetigo</td>
<td>Yes</td>
<td>When treatment has begun</td>
</tr>
<tr>
<td>Lice</td>
<td>Yes</td>
<td>When they are nit free</td>
</tr>
<tr>
<td>Conjunctivitis (pink eye)</td>
<td>Yes</td>
<td>24 hours after treatment has begun</td>
</tr>
<tr>
<td>Undiagnosed rash</td>
<td>Yes</td>
<td>Well or cleared by child’s physician as non-contagious</td>
</tr>
<tr>
<td>Roseola</td>
<td>Yes (with fever)</td>
<td>Refer to fever</td>
</tr>
<tr>
<td>Rota Virus</td>
<td>Yes</td>
<td>24 hours after treatment has begun and fever free</td>
</tr>
<tr>
<td>Thrush</td>
<td>No (should seek treatment)</td>
<td>24 hours after treatment has begun</td>
</tr>
<tr>
<td>Strep Throat</td>
<td>Yes</td>
<td>Children can return the day after treatment is complete</td>
</tr>
<tr>
<td>Scabies</td>
<td>Yes</td>
<td>No episodes of vomiting or diarrhea for 24 hour</td>
</tr>
</tbody>
</table>

no insurance for program participants. Please ensure that your child’s insurance carrier and policy number are listed with their medical information.

**COVID-19**

Policies related to the pandemic may change and shift as the CDC, state, and local officials change guidelines. We will provide information pertaining to our guidelines in Welcome Letters and the Childcare Playbook. Additional communication will be provided if guidelines change during the program year.

**OUTSIDE ANY Y PROGRAM**

Staff are not allowed to be alone with any children they meet in any Y program beyond a Y program setting. This includes any form of communication (phone calls, emails, instant messages, text messages, etc.). Babysitting, sleep overs and inviting a staff to a child’s home are prohibited unless one of the following conditions exists:

- The staff person and the child’s family have a relationship that pre-dates employment by the staff or volunteer who work at the Y.
• The staff person and the child’s family have a relationship that pre-dates the child’s enrollment in the YMCA program.
• The staff person and the child or the child’s family are related.

We recognize that children may ask staff to attend their sporting event, dance recital, birthday party, etc. This is permitted so long as it’s a public event and the child and staff person are not alone. Under no circumstances may our staff transport any child in their personal vehicle.

**MANDATED REPORTERS**

Mandated Reporter New Hampshire law (RSA 169-c:29-31) requires that any person who suspects that a child under the age of 18 has been abused or neglected must report that suspicion immediately to New Hampshire Division for Children, Youth, and Families (DCYF). All Y staff are required to be trained in Child Abuse Prevention.

The staff may not notify parents/guardians when the police or DCYF are called about possible child abuse, neglect, or exploitation, except on the recommendation of DCYF or the police when they are called.

**PHOTOGRAPHING CHILDREN**

Y staff photograph and/or videotape children for various reasons such as promotional materials, Facebook, program brochures, on bulletin boards and in cubbies. If you do not wish to have your child’s photograph utilized for print or electronic promotional purposes, please indicate this in the agreement section of CampDoc.

**STATE-LICENSED PROGRAM**

The YMCA Early Learning Centers in Manchester, Goffstown, Concord, Londonderry, and Rochester are state-licensed and/or licensed plus child care programs. We meet all standards set by the New Hampshire Bureau of Child Care Licensing (BCCL). We follow strict standards in hiring our staff, food service, staff-to-child ratios, registration procedures, among other things. If you have any questions, please feel free to call the New Hampshire Bureau of Child Care Licensing (BCCL) at 603.271.9025

**USDA NONDISCRIMINATION STATEMENT**

SNAP and FDPIR State or local agencies, and their subrecipients, must post the following Nondiscrimination Statement:

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal
Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. Mail: U.S. Department of Agriculture
   Office of the Assistant Secretary for Civil Rights
   1400 Independence Avenue, SW
   Washington, D.C. 20250-9410;
2. Fax: (833) 256-1665 or (202) 690-7442
3. Email: program.intake@usda.gov

This institution is an equal opportunity provider.

**Civil Rights**

**IF LANGUAGE ASSISTANCE IS NEEDED FOR CIVIL RIGHTS PURPOSES, PLEASE CONTACT THE NH COMMISSION FOR HUMAN RIGHTS AT: 1-603-271-2767, DIAL “0”, ASK FOR AN INTERPRETER.**

**SI ASISTENCIA DE LENGUAJE ES NECESARIO PARA CIVILES DERECHOS PROPÓSITOS, POR FAVOR CONTACTO CON LA COMISIÓN NH LOS DERECHOS HUMANOS A: 1-603-271-2767, MARCAR “0”, PEDIR UNA INTERPRETER.**

**SNOW DELAYS/EARLY RELEASE**

The Early Learning Center follows the following policy in regards to snow emergencies: If public schools delay opening or cancels school, the ELC will open at 8:00 am. If public schools cancel afternoon activities, the ELC may close at 5:00 pm. Please watch your Brightwheel account for alerts. If you are unable to access Brightwheel during the day, please alert the staff so that we can reach you by other means in the event of an emergency. Our late policy will apply beginning at 5:00 pm on snow days.

**YMCA CHILD CARE CLOSINGS**

The Early Learning Center is closed on the following holidays or the day the holiday is observed:

- New Year’s Day
- Independence Day
- Thanksgiving Day
- Christmas Day
- Martin Luther King Day
- Labor Day
- Day After Thanksgiving
- Memorial Day
- Veterans’ Day
- Christmas Eve

Other days may be included with notice. In the event of an unscheduled closing or emergency weather related closings, please check our website or WMUR.
YMCA OF DOWNTOWN MANCHESTER
30 Mechanic Street, Manchester, NH
Early Learning Center: 603.232.8655

YMCA ALLARD CENTER OF GOFFSTOWN
116 Goffstown Back Road, Goffstown, NH
Early Learning Center: 603.497.4663

YMCA OF CONCORD
15 N. State Street, Concord, NH
Early Learning Center: 603.228.9622

YMCA OF GREATER LONDONDERRY
206 Rockingham Road, Londonderry, NH
Early Learning Center: 603.437.9622

YMCA OF STRAFFORD COUNTY
35 Industrial Way, Rochester, NH
Early Learning Center: 603.994.4113

www.granitemyymca.org/child-care