BEST SUMMER EVER
SUMMER DAY CAMP 2020

The Granite YMCA
Portsmouth | Rochester
Welcome to summer at The Granite YMCA. We provide affordable, quality summer experiences with convenient options such as extended camp hours, transportation, and sibling discounts. Whether you’re considering a traditional day camp, a specialty camp, or one of our overnight camps, summer at the Y is filled with excitement, adventure, new friends, lifelong memories, and most of all, discovery! With camp programs based on the Y values of caring, honesty, respect, and responsibility, we provide children with a priceless experience in a safe and supportive environment where their safety is our top priority.

There are few unique environments as special as camp, where kids become part of a community and form friendships as they learn both how to be more independent and how to contribute to a group as they engage in physical, social, and educational activities every day. Amidst all the fun of swimming, sports activities, archery, and creative arts, children develop attitudes that build character and promote leadership. At the Y, we feel that every child should be given the opportunity to experience summer camp. That is why we offer more than 30 camp programs at five different Y locations across NH.

YOUR CHILD’S SAFETY
Camper safety is our top priority. The majority of our summer staff come from our before and after school programs, so they may already be familiar faces to your child. All staff receive reference and criminal background checks in addition to undergoing extensive summer camp training. Our counselors develop competencies in team building, character development, conflict resolution, emergency procedures, child abuse awareness and prevention, CPR, first aid, and age appropriate activity planning.

CAMP DIRECTORS AND COUNSELORS
YMCA staff are selected based on their expertise, background, and their strong desire to work with children. Our staff come to work each day motivated to provide your child with a safe and fun experience.

SPECIAL ACCOMMODATIONS
The Granite YMCA strives to provide all campers with a safe and positive camp experience. Parent communication is key to the success of each and every camper, so if your child requires extra support, please set up a meeting with the camp director at your local Y prior to registering.

MORE CAMP INFORMATION
Additional information including policies, procedures and the packing list can be found in the Parent/Guardian Handbook available on our website at www.graniteymca.org/camps/what-you-need-to-know.

FINANCIAL ASSISTANCE AVAILABLE
Please contact our friendly day camp registrar at your local branch to inquire about financial assistance opportunities.
Our Mission

The Granite YMCA creates a community where all are welcome and builds a healthy spirit, mind and body based on the values of caring, honesty, respect, and responsibility.
Important Dates for Summer 2020

YMCA OF THE SEACOAST

LEADERSHIP CAMP (LIT/CIT) INFO NIGHT
May 21 (6:00 – 7:00 pm)

OPEN HOUSE
May 17 (12:00 – 2:00 pm)

CAMP FAMILY NIGHTS
July 9 (6:30 – 8:00 pm)
August 6 (6:30 – 8:00 pm)

CHARACTER CELEBRATION
August 27 (6:30 – 8:00 pm)

YMCA OF STRAFFORD COUNTY

LEADERSHIP CAMP (LIT/CIT) INFO NIGHT
April 9 (6:00 – 7:00 pm)

OPEN HOUSES
April 25 (10:00 AM – 1:00 PM)
June 14 (1:00 – 3:00 PM)

CAMP FAMILY NIGHTS
July 7 (5:30 – 7:30 PM)
July 30 (5:30 – 7:30 PM)
August 21 (6:00 – 8:00 PM)

CHARACTER CELEBRATION
August 13 (6:00 – 8:00 PM)

SUMMER 2020 CAMP WEEK DATES

<table>
<thead>
<tr>
<th>WEEK 1</th>
<th>WEEK 2</th>
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<td>WEEK 5</td>
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<td>July 13 – July 17</td>
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<td>August 10 – August 14</td>
<td>August 17 – August 21</td>
<td>August 24 – August 28</td>
<td>August 31 – Sept 4</td>
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BENEFITS OF BECOMING A Y MEMBER

BECOME A Y MEMBER TODAY
The Y is a community for all to learn, grow, and thrive. We bring families closer together, encourage health and well-being, and foster connections through health and wellness, sports, fun, and shared interests. We are also an ongoing source of support, guidance, and resources for members and the people in the communities we serve.

DISCOVER MEMBERSHIP AT THE Y
A Y membership is so much more than just a discounted camp enrollment. Discover the unique community in your facility and all that the Y has to offer. Connect, play, and discover new things. We offer comprehensive healthy living and learning experiences for children, teens, adults, seniors, and families.

Your facility membership (FM) includes:
- Early registration and reduced fees for programs
- FREE group wellness classes
- FREE fitness orientations to help you design a wellness plan
- Full privileges at all of the Ys in our association
- Membership access to all other Ys Nationwide
- Income-based membership rates and financial assistance

Just for family members:
- Free Kid Zone for your child to be active and have fun while you work out
- Free Family Nights
- Fun family programs

A YMCA MEMBERSHIP PROVIDES ACCESS TO FACILITY MEMBER CAMP RATES & CAMP SWIMMING LESSONS
To be eligible to pay the reduced facility member camp fees, your child(ren) must have and sustain an active Y membership from the time of registration through the camper’s last session. Memberships may be purchased online or at your local branch. Terminating the membership prior to the end of the camp season will result in the price of the remaining camper weeks increasing to the Community Member (CM) rate. If you wish to terminate your child’s membership at the end of their camp season, you may either stop by the Welcome Center desk to complete a termination form, send an email to membership@graniteymca.org, or write a letter with your request. Terminations must be submitted in writing 30 days prior to the scheduled deduction. Annual members will receive the balance of the unused portion of their membership. Please note, while it is not required to have a membership to register for camp, it is beneficial and more economical to have a youth or family membership if you are registering for four or more weeks of camp.
AUTO DEDUCT POLICY
All camp payments must be made via automatic deduction from a credit/debit card or checking/savings account. A payment schedule will be emailed to you at the time of your registration confirmation. Should any charge or draft be returned or refused by the credit card or bank for any reason, the customer is responsible for that payment, plus the $20 service charge applied by the Y. This is in addition to any service fee charged by the financial institution.

EARLY ENROLLMENT PAYMENT OPTIONS
Register by February 16 and pay only the registration fee and Facility/Family Membership fee (if applicable) upon registration. No deposits required! You must provide a credit/debit card or checking/savings account for weekly auto deduct payments.

Weekly auto deduct payments are scheduled at the time of registration to begin within five business days, and continue until three weeks prior to the start of each camp session in order to make your weekly payments as low as possible. Please note that any add on fees not paid in full upfront will be auto deducted three weeks prior to the start of each session.

FLEXIBLE PAYMENT OPTIONS
If you are not able to take advantage of the early enrollment option, we have other convenient payment plans. Register between February 19 – July 29 or August 5, varies by location. If you are using the Flexible Payment option, the $30 registration fee, Facility/Family Membership fee (if applicable), and $25 deposit for each session will be auto deducted within five business days of receipt of registration. Please Note: $25 non-refundable deposits for each session of camp will be automatically credited toward weekly session fees. Choose from two convenient options below. When you register you must also provide a checking/savings account or credit/debit card number for auto deduct payments.

- Have your weekly auto deduct payments begin within five business days of registration and continue until three weeks prior to the start of each camp session (option ends May 17). Please note that any add on fees not paid in full upfront will be auto deducted three weeks prior to start of each session.
- Have your payments auto deducted three weeks prior to the start of each camp session

FINANCIAL ASSISTANCE
Thanks to generous donations from Y families, staff, camp alumni, local businesses and donors, financial assistance is available for families who may not be able to afford a day camp experience for their child. Start the application process as soon as possible as funds are limited. Complete the registration form, marking sessions you would like your child to attend. Check the box indicating you would like financial assistance. A financial aid application with supporting documents will be required which can be found online or at your local branch. Please note that recipients of state reimbursement are not eligible (see below). Enclose the day camp registration form, registration fee, and facility membership fee (if applicable) with a $25 deposit per session and forward to the Y. Our camp registration staff will contact you to discuss financial assistance options.

STATE OF NH REIMBURSEMENT
Reimbursement is based on age, service level (full, half, or part time), cost share, and whether your child is attending a state licensed camp. Some camps do not qualify. State of NH parent cost share is determined by household income. Registrations must be received at least three weeks prior to the start of the camping session. For more information, visit www.graniteymca.org/camps or contact the day camp registrar at your local branch.

SPECIAL OFFERS
Sibling Discount: receive a $10 discount per session for a second child (and each thereafter) from the same family when attending camp during the same session(s).

Early Enrollment: returning campers and their families pay only the $30 registration fee upon registering. Weekly auto deduct payments are scheduled at time of registration to begin within 5 business days. No deposits required!
Go to www.graniteymca.org/camps and select the camp of your choice in our find a camp or select register and then register online.

The diagram below will assist you through the online registration process. If you have an account with us, log in at the top of the screen using your current account information. If you have an account but don’t know how to access it, click search for my account on the lower right. If you don’t have an account with us, click join the YMCA in the upper right to create one. Please note, you will need an email address to create an online account.

Once you have signed into your account or completed your membership setup, click on shop by type and choose Day Camp to begin selecting the sessions of summer day camp your child/children would like to attend. When all camps have been selected, proceed to your cart to check out. In the cart, complete the required registration form; if you are registering for more than one child, you must complete this form for each individual child. A one time $30 registration fee will be applied per camper.

We want your online registration process to go smoothly, and if you need assistance, please call your local branch (listed below) or email support@graniteymca.org.

TO REGISTER IN PERSON OR BY MAIL
Complete the entire registration form using one form per child. Drop off or mail the completed day camp registration form along with all registration fees and session deposits to the Day Camp Registrar at your local branch.

PARENT/GUARDIAN CAMP AGREEMENT
Upon registration, I understand that I am responsible for reading and reviewing the camp policies including but not limited to payment procedures and deadlines, refund policy, camper release policy, camp hours of operation, behavior policy, and parent handbook online. I understand to receive the Facility Membership (FM) rate, membership is required at the time of registration, and must continue through the camper’s last session. I understand that I am responsible for 100% completion of CampDoc for my child to attend camp. I give permission for my child to participate in all activities described in the day camp brochure for his/her age group. If my child requires extra support, I will communicate this in advance with the YMCA in order to make sure his/her experience at camp is a positive one. I understand that no part of the camp fee is refunded in the event of early dismissal for misconduct. I understand all cancellations up to four weeks prior to the camp session will receive a refund, minus the $30 registration fee, Facility Membership fee (if applicable), and $25 per session. Cancellations with less than a four week notice will forfeit the entire fee of camp. I understand that camp fees must be paid in full upon registration or by weekly auto deductions from a credit/debit card or checking/savings account no later than three weeks prior to the start of each session or my spot will be forfeited without a refund. I give permission to the Y to transport my child in designated YMCA vehicles.

CONTACT THE REGISTRAR
YMCA of the Seacoast: 603.431.2334 Ext. 2502 | YMCA of Strafford County: 603.994.4130
MEET OUR CAMP DIRECTORS

CLAIRE YOUNG | YMCA OF THE SEACOAST
Camp Gundalow Director
Claire joined the YMCA of the Seacoast staff in the fall of 2019. She comes from a long history with the Y as a former camper, camp staff member, lifeguard, and swim teacher. She worked at a YMCA resident camp in upstate New York for 6 years starting as a counselor and eventually became the camp’s Aquatics Director. Claire received a Bachelor’s Degree from Siena College in New York and went on to receive a Master’s Degree in Elementary Education. Most previously, she worked as an elementary school teacher. Claire believes in the core values of the Y and the benefit the Y has on the community and children. She hopes to continue to grow the after school and day camp programs at Camp Gundalow and expand them to even more families in the Greenland and Portsmouth area. In her free time, Claire loves to spend time outdoors going hiking, skiing, biking, and swimming.

KAT LINDEMANN | YMCA OF STRAFFORD COUNTY
Camp Coney Pine Director
Kat has been with the YMCA of Strafford County since the spring of 2018, and is looking forward to her third summer at Camp Coney Pine. Kat grew up attending summer camp, eventually entering a Counselor-in-Training program and then working at a resident camp as a counselor. She quickly moved up the ranks, ending her 7 summers there as Program Director. Kat then worked at several other resident and day camps in Alaska and Washington state, learning everything she could about different leadership styles, behavior management, and creative program ideas. With her years of camp experience, Bachelor’s degrees in both Education and Psychology, and eagerness to always challenge herself, she’s found Camp Coney Pine to be a great fit. Knowing the importance of consistency and continued traditions, Kat is excited to continue all that’s been done the last few summers, as well as introducing some fun surprises! When not at camp, Kat can be found playing with her 3-year-old daughter, who may just show up at camp for an Opening Ceremony every now and then.

CHRISTINE SORENSEN | YMCA OF STRAFFORD COUNTY
Camp Cocheco Director
Christine grew up in Haverhill, Massachusetts. Previously, she mentored teachers using Practice Based Coaching and then worked at the Strafford County Community Action for the Early Head Start/Childcare Partnership Program for over 9 years. Christine started with the Y as a member, then worked at the front desk in Member Services, and has been in a director role for the past three years at the YMCA of Strafford County. She enjoys providing a safe and effective learning environment for students at four before and after school sites. Christine is passionate about bringing people together to help strengthen our School Age program and improve opportunities for all children. She believes in the Y’s core values and enjoys helping others to succeed by teaching them a new skill. In her free time, Christine loves to run and has participated in 14 marathons!

HEALTHY KIDS DAY
A free community event!

Celebrate the nation’s largest health day for kids and families. Our Healthy Kids Day events, taking place in April and May, are filled with fun, engaging, and creative activities for all to enjoy. Healthy snacks or lunch is provided. Contact your local branch for more details.

Fun activities may include:

- visit with our local fire and police departments
- dance performances
- face painting
- bounce houses
- program demonstrations and more!

YMCA of the Seacoast
April 18 | 1:00 – 3:00 PM
Located at the YMCA of the Seacoast

FAMILY FIELD DAY
YMCA of Strafford County
May 23 | 10:00 AM – 1:00 PM
Located at Camp Coney Pine
Summer at the Y is filled with excitement, adventure, new friends, lifelong memories, and most of all discovery! Amidst all the fun of daily trips, sports activities, archery, and cooking; children develop positive attitudes and skills that build character and promote leadership. But, for many families, this wonderful opportunity is not possible without the financial assistance the Send a Kid to Camp Campaign provides.

Help us reach our goal of raising $100,000 and sending 1,000 children to camp this summer by making a donation with your registration.

Help send a deserving child to camp this summer by giving a donation when you register online or on your registration form.

Financial assistance is available to ensure that every child is given the opportunity to experience summer camp. Please contact the registrar at your local Y to learn more about our camp and financial assistance options.
Camp Gundalow | Ages 5 – 13

176 Tuttle Lane
Greenland, NH 03840

We are very proud of the community that has been established at Camp Gundalow. Our strength is our incredibly dedicated and energetic staff who serve as positive role models for our campers. Throughout the summer the staff guide campers through new and exciting challenges as they are exposed to new social situations and activities.

First and Last Week Registration

There are both full week and single day options available for weeks 1 and 12 of camp, based on the last day of school for 2019 – 2020 school year and the first day of school for the 2020 – 2021 school year. During these weeks, campers will participate in daily activities including swimming and water games, sports and recreation, creative arts, fort building, archery, team building, and so much more!

Week 1: June 15 – June 19
Week 12: August 31 – September 4

Daily Rate:
- $44 Facility Member
- $55 Community Member

Full Time:
- $218 Facility Member
- $272 Community Member

Explorers | Ages 5 – 7

Explorers will create lasting friendships with their groups as they participate in morning activities together. In the afternoon, campers will get choice periods where they can spend more time in activity areas that most interest them. Campers must be five years old on or before the first day of camp.

Weeks 2 – 11: June 22 – August 28

Full Time:
- $218 Facility Member
- $272 Community Member

Trailblazers | Ages 8 – 10

Whether in the Wildcat, Chocura, Sugarloaf, or Lafayette groups, the Trailblazers form lasting friendships and memories throughout the summer. Activities include swimming twice a day and the ability to choose their own activities in the afternoon.

Weeks 2 – 11: June 22 – August 28

Full Time:
- $218 Facility Member
- $272 Community Member

Voyagers Trip Camp | Ages 11 – 13

Campers will expand their horizons as they take on adventures and explore local hot spots throughout New Hampshire three times a week. Trips include state beaches, parks, bowling, the NH Fisher Cats, amusement parks, and more! Our camp days will consist of swimming, archery, sports, arts & crafts, and more. Voyagers is a trip camp and campers must accompany the group on all trips.

Weeks 2 – 11: June 22 – August 28

Full Time:
- $250 Facility Member
- $314 Community Member
Leader In Training (LIT) | Ages 14 – 15

The Leader in Training program introduces teens to the skills needed to become a leader. This four-week training program introduces teens to the Y leadership philosophy, effective communication, team building, and behavior management techniques through role playing in a day camp setting. Teens need to complete an interview process to be accepted in the Leader In Training program. Space is limited. Interested candidates should contact the camp director at cyoung@graniteymca.org. Please visit www.graniteymca.org/camps to download an application.

Weeks 5 – 8: July 13 – August 7
Full Time: $400

Leader In Training (add a week) | Ages 14 – 15

Participants in the Leader In Training program that successfully complete the program will have the option to add on the last weeks of camp. During these last weeks, LIT’s will continue their hands-on training in our day camp under the guidance of the Camp Gundalow leadership team.

Weeks 9 – 11: August 10 – August 28
Full Time: $50 per week

CAMP GUNDALOW THEME WEEKS

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<th>WEEK 2</th>
<th>WEEK 3</th>
<th>WEEK 4</th>
<th>WEEK 5</th>
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<tbody>
<tr>
<td>Summer Kick Off</td>
<td>All-American</td>
<td>Blast to the Past</td>
<td>Carnival</td>
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<th>WEEK 7</th>
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<th>WEEK 9</th>
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<tr>
<td>7/20 – 7/24</td>
<td>7/27 – 7/31</td>
<td>8/3 – 8/7</td>
<td>8/10 – 8/14</td>
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<tr>
<td>Harry Potter</td>
<td>Olympics</td>
<td>Fairy Tales</td>
<td>Survivor</td>
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<tr>
<th>WEEK 10</th>
<th>WEEK 11</th>
<th>WEEK 12</th>
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<tr>
<td>Superheroes</td>
<td>Gundalow’s Got Talent</td>
<td>End of Summer Showdown</td>
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BUILDING LEADERS

CO-ED TEEN LEADERSHIP WEEKEND
Saturday, September 25 – 26 | 9:00 am – 1:00 pm

This weekend is for any 13-17 year olds who would like to challenge themselves and develop their own leadership skills. The retreat will balance both exciting outdoor activities as well as leadership skills that you can take home to your school, family, community.

FOR MORE INFORMATION
Lauren Frazier, Registrar
lfrazier@graniteymca.org
603.232.8642

PRICING
2020 Foss or Mi-Te-Na Camper: $75
2020 Day Camper at The Granite YMCA: $75
Community: $95

REGISTER TODAY! Please complete a leadership registration form (found on our website) and return to our camp registrar with full payment by August 1, 2020.

www.graniteymca.org
Before and After Care Programs
Ages 5 – 13
Before camp care is available 7:00 – 8:30 AM. After camp care is available 4:30 – 6:00 PM.

Weekly Rate:
- $42 Before Care Only
- $42 After Care Only
- $59 Before & After Care

Bus Transportation | Ages 5 – 13
The YMCA of the Seacoast is providing bus services to and from camp with stops at Timberland in Stratham, YMCA of the Seacoast, and Home Depot in North Hampton. This is one way to avoid our busy drop off/pick up times at camp! This service will be available on a first-come, first-served basis and is available to campers registered for Camp Gundalow (Explorers, Trailblazers, Voyagers). A Parent or Guardian must be present at pick-up and drop-off. Pre-registration is required by the Wednesday prior to the week of camp. Register online or complete a paper registration form.

Home Depot - North Hampton
Pick up: 7:40 AM  Drop off: 4:40 PM
YMCA of the Seacoast - 550 Peverly Hill Rd, Portsmouth
Pick up: 7:55 AM  Drop off: 5:05 PM
Timberland - Stratham
Pick up: 8:20 AM  Drop off: 5:15 PM

Fee: $10 per week

Camp Gundalow Swim Lessons
Ages 5 – 10
Sign your camper up for swim lessons. Lessons will be held in the indoor pool at the YMCA of the Seacoast, Monday – Thursday for 30 minutes. Campers participating in swim lessons are able to ride the bus (fee applies).

Weeks 4 – 10: July 6 – August 21
Full Time:
- $42 Facility Member
- $63 Community Member

Time:
- 8:15 – 8:45 AM (please drop off by 8:00 am)

Swim Tests
Swim tests are an important part of keeping our campers safe during summer camp. While lifeguards are on duty during all swim sessions, campers are tested to assure they are swimming in the appropriate section of the pool based on their ability. Here is a description of our swim classifications and requirements based on the Test Mark Protect program of the YMCA of the USA:

Red: non-swimmer/beginner; could not complete the yellow test or refused swim test; will wear a camp-provided floatation device when swimming and will remain in shallow water.

Yellow: shallow water swimmer; can swim half the length of the pool with face in the water; tread water/float on back for 30 seconds; no floatation device required to swim and will remain in shallow water.

Green: deep water swimmer; can swim full length of the pool with face in the water; tread water for 1 minute and float on back for 30 seconds; jump into deep end and swim to ladder/wall; may use entire pool; no floatation device required.

These guidelines will be adhered to even during nonrelated evening and weekend events. Swim tests will occur during the first day of camp. There will be additional opportunities for your camper to re-test throughout the summer.
### 2020 Pricing Structure

#### One Week Session Rates

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<tr>
<th>Session</th>
<th>Dates</th>
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<tr>
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<td>1B:</td>
<td>July 5 – July 11</td>
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<tr>
<td>2A:</td>
<td>July 12 – July 18</td>
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<td>2B:</td>
<td>July 19 – July 25</td>
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<td>3A:</td>
<td>July 26 – August 1</td>
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<td>3B:</td>
<td>August 2 – August 8</td>
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<td>4A:</td>
<td>August 9 – August 15</td>
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<td>4B:</td>
<td>August 16 – August 22</td>
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#### Two Week Session Rates

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<td>3:</td>
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#### Counselor in Training Program

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#### Available Discounts

- NH Resident: $35/week
- YMCA Member: $35/week
- Bring a Friend: 10% off total tuition per new referral
- Sibling: 5% for each additional child

Financial assistance is available to ensure that every child is given the opportunity to experience the summer of a lifetime! Contact our overnight camp registrar at 603.232.8642 to learn more about our financial assistance options.
CAMP HOURS
Camp Day: 9:00 AM – 4:00 PM
BEFORE AND AFTER CAMP CARE
Campers can be dropped off beginning at 7:00 AM and picked up by 6:00 PM. There is an additional charge for extended care.

CAMP CONEY PINE
63 Lowell Street, Rochester, NH 03867

Traditional Day Camp | Ages 5 – 10
Every day at Camp Coney Pine is about exploration! Campers spend the summer in the outdoors experiencing a wide variety of activities while learning new skills and creating lasting friendships and memories. Each week, campers participate in camp-wide special theme activities and enjoy unique camp traditions such as favorite camp songs and end of day ceremonies. Daily activities include swimming and water games, sports and recreation, creative arts, fort building, high and low ropes course, archery, team building, and so much more. Our traditional camp groups including the Mohawks, Abenaki and Kennebecs await you! Campers must be 5 years old on or before the first day of camp.

Weeks 2 – 10: June 22 – August 21

Full Time: $178 Facility Member
$222 Community Member
Part Time: $138 Facility Member
$172 Community Member

Kanga Camp | Ages 11 – 12
Kanga campers will participate in day camp favorites such as swimming, sports and recreation, games, archery, and ropes course activities. They will focus on age-appropriate activities, including team building activities, skill-specific challenges, and group socialization. Kangas will also have an opportunity to run a weekly table at the Rochester Farmer's Market!

Weeks 2 – 10: June 22 – August 21

Full Time: $178 Facility Member
$222 Community Member
Part Time: $138 Facility Member
$172 Community Member

Teen Trip Camp | Ages 12 – 14
Teen campers will enjoy a week at camp in a program that encourages socialization, increased self-esteem and team building skills, as well as traditional camp activities such as swimming, archery, ropes course, and sports and recreation. Each week, campers will experience two staff and camper planned field trips at various state parks, beaches, local hiking spots, amusement parks, and more! Campers will also step into a leadership role at camp as they assist the camp director and specialists with planning and running the week’s theme-based special events.

Weeks 2 – 10: June 22 – August 21

Full Time: $195 Facility Member
$242 Community Member

CAMP COCHECO | Ages 5 – 14
35 Industrial Way, Rochester, NH 03867
Located at the YMCA of Strafford County, this camp offers participants the opportunity to learn new skills and create lasting friendships and memories. Activities include sports and games, creative arts, STEM, clubs, and so much more. Campers will take a daily field trip to Camp Coney Pine for swimming, adventure on the high and low ropes course, archery, and outdoor fun. An afternoon snack will be provided. Campers must be 5 years old on or before the first day of camp. NH Child Care Scholarship accepted.

Weeks 2 – 10: June 22 – August 21

Full Time: $178 Facility Member
$222 Community Member
Part Time: $138 Facility Member
$172 Community Member

KAT LINDEMANN
Camp Director
klindemann@graniteymca.org
603.332.7334

YMCA OF STRAFFORD COUNTY
35 Industrial Way
Rochester, NH 03867
603.332.7334
New this year, we are introducing specialty camps to enrich the camper experience. Participants of specialty camps will spend part of their day in specialized activities with skilled staff, and the other part of the day in traditional camp activities such as swimming, ropes course, and archery. Please contact the camp director at klindemann@graniteymca.org with any questions.

**NEW!** **Forts, Fires, and Finding Your Way | Ages 7 – 12**

Camps will venture deep into the woods to learn basic outdoor survival skills as they build their own shelters, cook lunch over a fire, and trailblaze a new path through the camp woods.

- **Week 2:** June 22 – June 26 (Ages 7 – 9)
- **Week 5:** July 13 – July 17 (Ages 9 – 12)
- **Week 8:** August 3 – August 7 (Ages 9 – 12)
- **Week 10:** August 17 – August 21 (Ages 7 – 8)

**Full Time:**
- $190 Facility Member
- $238 Community Member

**NEW!** **Sports Sampler | Ages 7 – 11**

Does your camper wish they could just spend all day with a ball in their hand? Now’s their chance! Each day will focus on a different sport, including soccer, basketball, football, and more.

- **Week 3:** June 29 – July 3
- **Week 9:** August 10 – August 14

**Full Time:**
- $190 Facility Member
- $238 Community Member

**NEW!** **Art Attack | Ages 5 – 12**

This week is a chance to embrace creativity. Each day, campers will explore a different art medium, as well as assist with painting a mural on one of the camp buildings.

- **Week 3:** June 29 – July 3 (Ages 8 – 12)
- **Week 6:** July 20 – July 24 (Ages 5 – 7)

**Full Time:**
- $190 Facility Member
- $238 Community Member

**NEW!** **High Adventure | Ages 8 – 14**

As a team, campers will work their way through all of the low and high ropes course elements at camp. On Friday, campers will take a field trip to a nearby outdoor rock climbing wall.

- **Week 4:** July 6 – July 10 (Ages 8 – 11)
- **Week 7:** July 27 – July 31 (Ages 10 – 14)

**Full Time:**
- $190 Facility Member
- $238 Community Member

**NEW!** **Lights! Camera! Action! | Ages 9 – 12**

As a group, campers will write or adapt a play, build a simple set and scenery, and perform their short play on Family Night.

- **Week 7:** July 27 – July 31

**Full Time:**
- $190 Facility Member
- $238 Community Member
Leader In Training (LIT) at Camp Coney Pine | Ages 14 – 15

The LIT program introduces teens to the skills needed to become a leader. This four week training program introduces teens to the Y leadership philosophy, effective communication, team building, and behavior management techniques through role playing in a day camp setting. Teens need to complete an interview process to be accepted in the Leader In Training program. Max enrollment is 10. Interested candidates should contact the camp director at klindemann@graniteymca.org. Please visit www.graniteymca.org/camps to download an application.

Weeks 6 – 9: July 20 – August 14
Full Time: $400

Counselor In Training (CIT) at Camp Coney Pine | Ages 15 – 16

This program helps to prepare teens to become a camp counselor. Teens apply leadership skills from the Leader In Training program by working with camper groups during the summer. Along with planning and implementing activities, teens attend safety and leadership trainings. CIT’s will receive weekly evaluations by their director and camp staff. These evaluations help determine each teen’s readiness to be part of a summer camp staff for the following summer. Teens must complete an interview process to be accepted into the Counselor In Training program. Please visit www.graniteymca.org/camps to download an application.

Weeks 2 – 9: June 22 – August 14
Full Time: $750

Counselor In Training/Leader In Training (add a week) | Ages 14 – 16

Participants in the LIT and CIT programs that successfully complete the programs will have the option to add on the last weeks of camp. During this week, LIT’s and CIT’s will continue their hands on training in our day camp under the guidance of the Camp Coney Pine leadership team. Please note, 16 year old CIT’s who successfully complete the program may be offered a paid position for the last week of camp.

Week 10: August 17 – August 21
Full Time: $100

CAMP CONEY PINE & CAMP COCHECO THEME WEEKS

Vacation Camp

Start and end the summer with vacation camp days! During this week, campers participate in daily activities including swimming and water games, sports and recreation, creative arts, fort building, high and low ropes course, archery, team building, and so much more. These are single day options available based on the last day of school for the 2019 – 2020 school year and the first day of school for the 2020 – 2021 school year in the Rochester School District. Pre-registration is required.

Full Time: $50 per day
Before and After Care Programs | Ages 5 – 16

Before camp care is available from 7:00 – 9:00 AM. After camp care is available from 4:00 – 6:00 PM. This service is available to Camp Coney Pine and Camp Cocheco campers and will be held at their respective camps.

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Full Time</th>
<th>Part Time</th>
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<tbody>
<tr>
<td>Before Care</td>
<td>$20/week</td>
<td>$15/week</td>
</tr>
<tr>
<td>After Care</td>
<td>$20/week</td>
<td>$15/week</td>
</tr>
<tr>
<td>Before &amp; After Care</td>
<td>$35/week</td>
<td>$30/week</td>
</tr>
</tbody>
</table>

Daily Rate:
- $5/day Before Care (if before care is needed for only one day per week)
- $5/day After Care (if after care is needed for only one day per week)

Bus Transportation | Ages 5 – 16

The YMCA of Strafford County provides bus services to and from camp with a stop at Woodman Park School in Dover and Idlehurst Elementary each week. This service is available on a first-come, first-served basis to campers registered for any full day programs at Camp Coney Pine or Camp Cocheco. Space is limited. A parent or guardian must be present at pick-up and drop-off. Pre-registration is required.

Woodman Park School – Dover (Weeks 1 – 11)
- Pick up: 7:30 AM
- Drop off: 5:15 PM

Idlehurst Elementary – Somersworth (Weeks 1 – 11)
- Pick up: 7:55 AM
- Drop off: 5:40 PM

Fee:
- $10/week AM Pick Up
- $10/week PM Drop Off
- $18/week AM & PM Pick Up/Drop Off

Camp Coney Pine After Care Weekly Swim Lessons | Ages 5 – 12

Sign your camper up for swim lessons at the end of their camp day. Swim lessons will be held in our outdoor pool Monday – Thursday. An adult must be present, or your camper needs to be signed up for after camp care. Must be between the ages of 5 – 12.

Weeks 2 – 10: June 22 – August 21
- Time: 4:15 – 4:45 PM
- 4:45 – 5:15 PM

<table>
<thead>
<tr>
<th>Service Type</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Full Time</td>
<td>$39</td>
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</table>
- Facility Member
| $59  |
- Community Member

Swim Tests

Swim tests are an important part of keeping our campers safe during summer camp. While lifeguards are on duty during all swim sessions, campers are tested to assure they are swimming in the appropriate section of the pool based on their ability. Here is a description of our swim classifications and requirements based on the Test Mark Protect program of the YMCA of the USA:

**Red:** non-swimmer/beginner; could not complete the yellow test or refused swim test; will wear a camp-provided flotation device when swimming and will remain in shallow water.

**Yellow:** shallow water swimmer; can swim half the length of the pool with face in the water; tread water/float on back for 30 seconds; no flotation device required to swim and will remain in shallow water.

**Green:** deep water swimmer; can swim full length of the pool with face in the water; tread water for 1 minute and float on back for 30 seconds; jump into deep end and swim to ladder/wall; may use entire pool; no flotation device required.

These guidelines will be adhered to even during nonrelated evening and weekend events. Swim tests will occur during the first day of camp. There will be additional opportunities for your camper to re-test throughout the summer.
Health forms for your child are now even easier to complete!

In our continuous efforts to provide the best possible care to our campers, The Granite YMCA is once again partnering with CampDoc.com.

CampDoc.com is an electronic health record system for camps and will help us consolidate and integrate camper health information into a centralized and secure location. Their system will give The Granite YMCA staff instant access to camper health information, a key component in providing quality care.

The security, confidentiality and privacy of your camper’s personal health information will always be protected. Only The Granite YMCA staff will have access to camper health information, and the CampDoc.com site is secure, encrypted and password protected.

RETURNING CAMPERS
You will receive an email from CampDoc.com with information about how to complete your camper’s health information within 7 – 10 days.

• Click the link in this email to log in to your CampDoc.com account
• Follow the instructions, and confirm or update the health profile for your camper. Alerts will appear for any missing required information
• Upload any required or updated documents to your CampDoc.com account
• Return to CampDoc.com at any time to make changes/updates to your camper’s health information before camp begins

NEW CAMPERS
You will receive an email from CampDoc.com with information about how to complete your camper’s health information within 7 – 10 days.

• Click the link in this email to set a password for your CampDoc.com account
• Follow the instructions, and complete the health history for your camper: alerts will appear for any missing required information
• Upload any required documents to your CampDoc.com account
• Return to CampDoc.com at any time to make changes/updates to your camper’s health information before camp begins

IMPORTANT NOTICE/MEDICATION
The Granite YMCA must have written consent from your child’s doctor in order to dispense ANY medication during your child’s camp session. This includes ALL prescription medication and any over the counter medications.

If your child needs to take any type of medication you MUST provide a note of consent written and signed by a licensed healthcare provider stating the medication, dosage, and reason for taking the medication.

Please note that without a form of consent our camp staff will not be able to dispense medication to your child.
WHAT HAPPENS IF SCHOOLS ARE IN SESSION DURING THE FIRST AND LAST WEEK OF CAMP?
We will prorate the first week, June 15 – 19, and the last week, August 24 – 28 or August 31 – September 4 (varies per branch), per the school calendar, depending on your town of residence. Your invoice will be automatically adjusted.

WHAT MEDICAL INFORMATION DOES CAMP NEED?
Your child must have had a complete physical within the last two years (within one year for campers under the age of 6) and record of all immunizations received to date. Campers are not allowed to attend camp without a current physician-signed medical form. All required health forms will be completed through CampDoc, an electronic health record system for camps. You will receive an email from CampDoc providing you with your log in information and instructions on how to complete all necessary fields and upload all required documents. Any camper without this information completed by the first day of camp will not be permitted to attend camp until the file is complete. No exceptions will be made.

TRANSPORTATION SERVICE AT CAMP
To enable us to serve as many Y campers as possible, bus transportation is provided to and from selected communities for campers participating in camps at the YMCA OF THE SEACOAST and the YMCA OF STRAFFORD COUNTY, for an additional fee. Please refer to page 12 (YMCA of the Seacoast) and page 17 (YMCA of Strafford County) for more information regarding transportation.

Transportation request forms and a complete list of pick-up and drop-off locations are available online at www.graniteymca.org/daycamp. Pre-registration is required. Keep in mind that those using the bus service are unable to take advantage of before and after camp care. Contact your Camp Director if you have additional questions.

WHAT TIME DOES CAMP START? IS EXTENDED CARE AVAILABLE?
All day camps (with the exception of half day programs) begin at 8:30 or 9:00 AM and end at 4:00 or 4:30 PM.

Before camp care runs from 7:00 – 8:30 or 9:00 AM (varies per location).
After camp care runs from 4:00 or 4:30 – 6:00 PM (varies per location).

WHAT IS THE POLICY REGARDING REFUNDS, CANCELLATIONS, AND ADDING CAMP WEEKS?
All cancellations up to four weeks prior to the camp session will receive a refund, minus the $30 registration fee, Facility Membership fee (if applicable), and $25 per session. Cancellations with less than a four week notice will forfeit the entire fee of camp.

Transfers:
You may transfer your child to another session if space is available and it is at least two weeks in advance. If you are transferring your child to a new camp session we will transfer the deposit to the newly registered session; however, deposits will not be transferred into previously registered camp sessions.

Additions:
To add a week of camp, the $25 deposit will be deducted immediately. The balance of the additional session will be processed according to your payment plan. You may add a child to a camp session if space is available and it is received no later than 12:00 PM on the Wednesday prior to the camp session. Additions made within three weeks or less of the camp start date will have the payment auto deducted in full from the account on file.

To cancel, transfer, or add a week of camp, complete a change of status form, which is available at www.graniteymca.org/camps and your local branch.
www.graniteymca.org/camps
Goffstown | Londonderry | Manchester
Portsmouth | Rochester